

## **Artrageous 2024 Course Details**

### **1. All About Drawing**

Very often, art teachers ask you to see everything in shapes – a face is an oval, nose a triangle. Try as you might, you can't seem to do that. This and all such useful but abstract instructions has led to the design of this unique drawing course. This course will make drawing more than dull set of instructions or still-life practice on plain paper. Learn to bring out shadows, shapes and forms, so real that you can feel and touch them. You will be using a lot of different mediums such as cloth and paper to get the gist of drawing.

We promise that these 10 days will shed all the misgivings and negative encounters you may had in the past – your experience will be transformed into an interesting one with a mix of portraiture, life drawing, observation, doodling and lots of free drawing exercise.

This will be taught by our very experienced instructor, Khalid Anwer. He is an artist par excellence with a wealth of experience. But his best quality is that he makes drawing simple and relatable – you can't have a better instructor than him!

### **2. Acroyoga**

Acro Yoga is the new course added to the array of Summer Artrageous offerings, particularly responding to parents request of physical activity for their children. Dhanak Aijaz is known to be at the helm of wellness and movement arena, and she has designed this course in a way that kids will delve in to the principles of acrobatics, learning about how body tension, bone stacking, counterbalance, timing, and connection work in acroyoga. By enrolling in this course, children will develop agility, balance and motor coordination.

You will be applying the balancing approach of strength, mobility and momentum of each individual so as to conserve their energy and protect body from any strain, overuse and exhaustion.

Anyone can enroll in the course, although kids already into gymnastics and yoga will polish their skills further. Dhanak has been training children and adults both, and is well qualified to guide young children in a way that it helps them become more athletic irrespective of what their previous physical activity has been like. You will need to bring your own yoga mat if you want extra cushion for yourself.

### **3. Acrylics & Mixed Media**

Colour outside the line and experiment with everything is the mantra of our Instructor, Khushbu Shaukat, who has designed this course. Without any fear of right or wrong, ugly or beautiful, you will be playing with wet and dry media to create your own, individual art. Use of acrylics, dry pastels, charcoal, pen and pointers along with basics of drawing, techniques of mixing colour palette, and step by step guidelines for painting will be covered in the course.

Khushbu Shaukat is no stranger to Artrageous clan as she has been part of our team since 2009. Adored by her students, Khushbu works with each child as if he or she is the only student in the class. That kind of care and attention definitely contributes to children's confidence to try out new things and reach their creative best. She is an IVS alumna with a specialization in Fine Art. And also teaches at CAS and in our Sketching, Drawing and Painting diploma.

The afternoon slot will be taken by Inshal Tahir, also an alumna of IVS Fine Art department graduating in 2019. Inshal became Artrageous team member last year and was an instant hit amongst children because of her friendly and dedicated mannerism.

#### **4. Mindful Media vs Fake News**

In our media-saturated world young people, specifically Gen Z and Alpha, are bombarded with messages, images, opinions, and ideas from an increasing array of sources. Technologies and social media are an indispensable part of young peoples' lives, many a times content creators and advertisers deliberately want to exploit and manipulate them. Although youth today is smart and can make educated decisions, there is a need to bolster their critical thinking and media literacy so they don't swayed by disinformation garbed in jazzy and slick ways.

This is fun and interactive course is designed to enable the youth to cut through the noise in the media landscape and get equipped with critical skills required for constructive processing the flow of content from mainstream and social and how to be safe online.

Farah Shafi Kamal is young at heart though has over 20 years of experience as a trainer, educator, and a pioneer of ICT integration in education. Farah has initiated several ICT programs in Pakistan which has provided constructive use of internet and telecommunications technologies to K-12 students and schools. Farah is also administering in Pakistan, programs creating opportunities for high school students and teachers to participate in exchanges and training programs internationally, specifically the United States of America, Youth Exchange and Study Program and iEarn being the most popular ones. Farah is leading projects on CVE and youth leadership, citizen and mobile journalism.

#### **5. V-Logging & Content Creation**

This is one of the new courses added to Artrageous Summer 2024, primarily looking at the onslaught of poorly made content on social media. When we do admit that social media and technology are here to stay and young people are spending a lot of time in consuming or producing video content, then why should we ignore the finesse and excellence part of

content generation? For this course, we will be using CapCut on Android and iMovie on iPhone/iPad, and engaging kids in getting the basics of vlogging and content generation right!

In ten days we will focus on narrative techniques, camera techniques, editing and presentation. So you will not only learn about what story to tell, how to tell it using video content, what angles and transitions to use, camera handling, transforming b-rolls into coherent stories, adding music and text in your vlogs. Also you will learn to set up YouTube channel, create thumbnails and reels, and how to stay safe in the cyber world.

Imraam Sheraz, our in-house video content specialist and an award-winning cinematographer will co-teach this course with Zoya Shah who has recently joined our Art of Filmmaking diploma instructors. Zoya has a BS in Communication Design in which she received an overall distinction. She is also worked on the feature film “Nayab” as an assistant director and works as the creative of director of Mexyon Private Limited.

## **6. Wonderous Watercolours**

Are you scared of using watercolours? Get confused about how much water to mix? Put a lot of colour and can never do shading? Well, all your troubles end now as you are set to explore the wonders of watercolour media. Use it in a fluid transparent way or give a sheen and opacity of acrylics, apply the common techniques with salt sprinkle and coffee spill, or do a dry brush technique - our instructors, Arif Ansari, a professional watercolourist and an art educator, and Ammar Ali Shah are going to teach you all. One thing is guaranteed, you will fall in love with the medium of Watercolours and your instructors; not to mention you will make your own art which you can showcase and even sell on the last day of your Artrageous course.

## **7. Alchemy of Arts**

This course is all about experimenting with medium and dimensions. Using foil, paper, paints, canvas, the participants will engage in hands-on projects of paper Mache, painting portraits, and 2D and 3D installation art. If you are looking for a bit of art exploration with action, away from usual sketchbooks, this course is for you!

Amna Ali an alumna of IVS and a veteran art educator has created this course for those who want to work with materials and spend their summer in making interesting art out of nothing.

## **8. Upcycled Crafts**

Samra Hassan has over ten years of experience in fostering creativity and love of art in early years children, she’s also the lead instructor of Artrageous Junior. Being raised by a mother who believes in zero waste, Samra has a knack for repurposing old and discarded items. She will foster the love for upcycling in an exciting, interactive and creative 10 hours with eve!

So begin collecting empty cartons, used newspapers, clothing items, tin boxes, bottle caps and markers as you'll be needing them all in this course. Get ready to make your own bird feeder, windchimes, sea animals, fairy house, candle holder and many other things.

## **9. Creative Writing**

Do you enjoy telling a story but go blank as soon as you hold a pen and paper? Do you constantly use Chat GPT to frame your own thought and idea? Do you get confused about what is a metaphor?

Have you ever thought why all fairy tales end in a "happily ever after" and badly wanted to change the ending? If your answer is yes, you will love this course. Creative writing is all about using your imagination and sharing your viewpoint in a way that is uniquely yours. Explore different genres of writing and choose one of your own liking – a poem, essay, song or playwriting along with the concepts of plot development, character sketching, using symbols and metaphors, and understand the core concepts of character and plot development. The experience is made fun and quirky with creative prompts and writing exercises.

We will have Ambreen Saleh. Ambreen Saleh is currently working as a consultant for the Karachi Biennale Trust. Ambreen thoroughly enjoys creative writing - she has authored the book "The Journey" and published a story in Habib University's Arzu Anthology of Literature III.

## **10. Origami & Painting**

You will wonder why we are offering a course on paper origami and painting when there are trillions of videos, reels and how to guides on making a crane, gift box and other such things in origami. Here is why: origami has such an immense scope that it goes way beyond creating paper cranes. No insult meant to those who love paper cranes, but we invite you to learn about making octopus, scorpions, tigers; and a full installation made of origami.

Nabeel Majeed Shaikh has graduated from National College of Arts, Lahore with a BA in Fine Art and his whole thesis was on origami sculptures and 3D models. His mastery lies in scale, from an inch long item to multiple feet in length, Nabeel creates folded miracles from scratch. If you have the love for handmade art and precision, this course is a must join!

## **11. Clay and Pottery Making**

Using your hands to create things has healing powers. Clay as medium doubles it as it connects you with the soil. Come and join this course, let go of your anxieties and stresses whether they are about exams, grades, friend not talking or styling.

Learn to make things using clay modelling and from Nabeel Majeed Shaikh, a very creative artist with a specialization in 3D and installation art. It will be a very calming and

constructive 10 hours where you will learn the skills of using clay but at the same time, engage in thought provoking interaction about your own artistic inclinations and inspirations.

Younger kids (age 8-11) are also encouraged to join the course. They will certainly enjoy making things like a bird, pots, butterflies, and other animals from clay.

On popular request we are also going to fire the selected clay pieces made by kids so it doesn't break their heart when their pottery and clay art pieces crack on transporting them home. The fired pieces can be collected from the campus two days after closing of each round.

## **12. Artistic Calligraphy**

Calligraphy literally means the art of beautiful lettering. It is connected with Islamic Art and Architecture, where the walls and ceilings are adorned with Quaranic verses. In South Asia, Persian influence and script, Nastaaliq, is instantly relatable and practiced. However, there are many more forms and scripts. The art of calligraphy is dying down as writing with hand is not seen as a need or want. Recently, there is an interest spiked in Islamic Art and Calligraphy albeit on limited scale.

So we introduced Artistic Calligraphy in Artrageous 2022 and it is the third year of Sameen Arif leading this very popular course. Our instructor, Sameen Arif, has studied Islamic Art and Geometry from the Department of Visual Studies, Karachi University and is a protégé of M. Kashif Khan, the renowned calligrapher and illumination artist. Although Sameen planned to focus on Kufic lettering, children have shown their inclination towards English calligraphy as well. Therefore, the course is now a blend of English and Urdu calligraphy where Sameen helps children to get symmetry and arrangement of letters in an artistic manner.

## **13. Islamic Geometry**

Sameen Arif is introducing her new course on Islamic Geometry and she promises that children will experience a whirlwind of patterns, colors and creativity in the 10 days. It's a course that will forever remove the boredom associated with geometry and Islamiyat subject in your typical classroom.

You will work with compass and ruler to get precision while exploring the wonderful patterns and mystique of Islamic art and geometry. From Iranian and Turkish floral motifs to Persian shamsa, sun pattern, Sameen will introduce a lot of designs and techniques which you will love to create and paint.

#### **14. Vocals & Piano**

Our instructor Simal Nafees is the talented daughter of the sitaar maestro, Ustad Nafees Ahmed Khan. Simal in her own right is an accomplished musician and singer, having completed her training in vocals and piano recitals from NAPA along with her home grown training institute that is her father and the musician par excellence, Arshad Mehmood.

Simal will simultaneously take two groups of participants, those who want to pursue singing and the other with pronounced interest in playing keyboard. Begin at the beginning - learn about keys, strings and chords, scales, pitch and all the basics of music in this course while also learning about vocal health and how voice communicates emotions. If you have always wanted to sing and never had the confidence to try, this is your chance to try out in a safe space with guidance from Simal. At the end of each round, participants will also perform in front of a packed audience of young adults and IVS community.

#### **15. Musical Notes & Instruments**

This year we are keeping an exclusive sessions on learning how to play an instrument, almost a part of everyone's bucket list. So why wait till you are in your 50s, why not begin in 2024 with the illustrious musician and sitaar player, Ustad Nafees Ahmed Khan and emerging talent Moazzam Shah, also an art director and visual artist.

Ustad sahab will be teaching you how to play *Bansari* (flute) which is so melodious and an essential part of eastern music. Moazzam, having been trained in playing violin, will be taking another group interested in using string instruments including guitar.

You'll not only learn about the instruments but also be introduced to correct posture and grip, breathing control and develop patience and persistence required for playing. these beautiful instruments

#### **16. Photography and Light painting**

Hey, welcome to the coolest summer course ever: Photography and Light Painting! So, you might think snapping pics is just about capturing what's around you, right? Well, it's way more than that! It's like a superpower for expressing yourself. We've got all the gear, from camera phones to fancy DSLRs, but what really matters is knowing the basics. What makes a photo pop? Do you seize the moment or focus on clarity? This course breaks it down for you: light, composition, focus, all that good stuff. Plus, our awesome instructor, Imraam Sheraz, is gonna show you hands-on how to make magic with your camera, from playing with light and shadows to nailing that perfect frame.

Oh, and ever heard of light painting? It's like making art with light and a camera, kinda like painting graffiti but with photons! We'll mix in some of that fun along the way.

Don't forget your own camera or phone - the more gear, the merrier! Let's get snappin' and paintin'!

### **17. Photography with DSLR**

An advance course designed for those who have already gone through basics, by either taking our Artrageous Photography & Lightpainting course or any other basic photography workshop. You will be required to have a DSLR or mirrorless camera, even a basic one will do.

Imraam Sheraz will share his expertise of working with ambient light and studio light to capture photographs that are more powerful than the proverbial thousand words. Learn all about ISO, exposure, settings, aperture and shutter speed and settings, angles and perspectives. At the end of the course your work will be showcased and critiqued by our photography diploma instructors also so that you find your calling in the realm of photography.

### **18. Confidence Building through Public Speaking**

Do you admire your peers who speak up in every class or school event and think you can never have that kind of confidence? Do you shy away for social events or can't bring yourself to strike up a conversation on your own? Are you often the silent observer and never an active contributor? Oh well, you are not alone in this world feeling like this and neither is this situation irredeemable. Buck up and join this course – boost your self-confidence, overcome your fear of public speaking and communicate without hesitation.

Maleeha Nasir, she thrives on human interaction and has been involved in life coaching and mentoring for over a decade. With a full repertoire of activities, tips and techniques for confidence building, speaking, talking about yourself and your interests, responding to odd, general and personal questions, our instructor, will ensure you are comfortable talking to anyone about anything, in small groups or in front of a stage.

### **19. Theatre & Acting**

Explore your talent for acting through experiential learning. Here you will learn about acting techniques, voice projection, movement, expression and improvisation. The course will help you enhance your confidence to engage an audience and chisel your potential for artistic performance.

We have two very seasoned instructors teaching this course – Uzma Sabeen and Vajhdan Shah, both have trained and taught at National Academy for Performing Arts and then went on to receive further training from US and Italy. Uzma also teaches at the Arts Council with a specialization in theatre direction and lighting, she has produced a number of theatre plays from the platform of Rang Munj. Vajhdan Shah joined the Artrageous team in 2023 and was much applauded by the children and parents for bringing out the creative potential of everyone in his class.

The morning slot will be taken by Uzma and afternoon session will be conducted by Vajhdan Shah.

### **20. Character Design and Illustration**

Delve into the world of imagination, conceptualization and expressions through character designing. You will learn how simple lines and shapes, using black pointer and paper, can communicate most powerful messages. Choose anything you want and we will help you speak in the language of cartoons. Our instructor, Umaina Khan, an alumna of IVS (Fine Art) and a Visual Artist is going to help you think, design, illustrate and make your own book which could be in a form a comic strip, picture book or one with text and illustrations both. This will be a hands-on creative experience that you would not want to miss!

### **21. Cartoon Animation**

Are you interested in animated movies, comics and graphic novels? Ever wanted to make your own drawings move with your own sound effects? This course will help you with creating your own animated cartoon objects, cartoon strips or novels. You will create a storyboard with your own choice of characters and then using layers, effects, motion display, framing, and other techniques, work on the animation of it.

In the process, you will learn about creative visualization and storytelling along with the key software used for animation. Our instructor, Sikander Ali, has a wide-range of experience of teaching children as well as working in media houses like Geo, where he'd worked on motion graphics extensively.

### **22. Game Design**

This is also a computer-based course like cartoon animation. However, kids having slightly advanced skills computer literacy and skills will be able to benefit from it more. Using photoshop and Contract 2 softwares children will be designing a graphic based game. They will choose the storyline, characters, behaviours, gaming controls/keys and its background and environment.

Sir Sikandar is known for his thoroughness and individual attention he gives to each participant. Students will not only develop their computing skills and command over the software, but also develop strategic thinking which helps in improving concentration and presence of mind.

### **23. Dance & Movement**

Dance and movement is one of the most neglected aspects of performing arts in our country, rarely taught in formative years. Yet, it is something rooted in culture and civilization whether you look at folk traditions or geographic regions. We are happy to offer a Dance and Movement in Artrageous 2023. It will be offered by Syed Vajdaan Ali Shah who is a Theatre Arts graduate of National Academy of Performing Arts, Karachi, and a trained contemporary dancer from Leggere Struture's Art Factory International, Bologna, Italy. His performances are inspired from poetry infused with contemporary dance. His artistic pursuits have led him to produce immersive theatre, create an experimental instrumental music video inspired from Sufi reflections and choreographing movement-based work. He is a visiting faculty member at NAPA and Arts Council of Pakistan.

### **24. Embroidery Made Fun**

What comes to your mind when you listen to the word "Embroidery"? We bet it would be either a flower or some kind of clothes! We want to go the unconventional way – how about embroidering a canvas with your favourite cartoon character or your best friend's picture?



Will you be excited to embroider your own wall clock or make animals and shapes using blanket stitch and French knots?

We introduced this course last year with Johnson bhai, our very own crafts guru, and it became an extremely popular course specially amongst boys. This year Sourah Jalil is going to take forward the baton passed on by Johnson bhai, she will teach about the various stitches and also give input on design and aesthetics of embroidery and embellishment. This should be a fun-filled exposure to thread and needle work.

## **25. Faces and Portrait**

Drawing a portrait sounds so intimidating – getting the sketch to resemble the actual face is no piece of cake. This course will break the art of portraiture into easy segments, starting from seeing the main shapes in a face, kids will learn about the shapes, forms and structure of human head; practice drawing features such as nose, lips, eyes; do quick sketching using pencil, charcoal and ballpoint. Alongside, they will learn to depict emotions and pick key points of character that make the resemblance come alive. Children will be involved in drawing portraits from reference photographs and then as the final assignment, attempt a self-portrait. This will be a lot of practice with fun, and we can't to see the display of students's work at the end of the round.

Tanveer Farooqi, a protégé of the famous artist Iqbal Mehdi, has honoured us by accepting to teach this course. We promise this is something which you will not find anywhere else in Pakistan let alone Karachi!